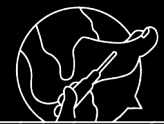




HELPING SURGEONS TREAT THEIR PATIENTS BETTER

# Advanced Ankle Course Percutaneous Forefoot Surgery and Ankle MIS Course



With the support of GRECMIP



**March 5<sup>th</sup>-6<sup>th</sup>, 2015**  
**Munich, Germany**



English course

*limited to 30 participants*



# FACULTY

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Adult Flatfoot - Reconstruction  
Soft tissue reconstruction, osteotomies, fusions  
Orthopädie Zentrum Arabellapark  
Munich, [Germany](#)

**Thomas MANFRED, MD**

Foot & Ankle Surgeon  
Augsburg, [Germany](#)

# Advanced Treatment of the Ankle - March 5<sup>th</sup> 2015

- 08:15-08:30**    **Welcome in ARHTREX ArthroLab**
- 08:30-10:00**    **ANKLE INSTABILITY**  
Open Brostrom principles  
Techniques  
    Arthroscopic Brostrom  
    Open anatomic reconstruction principles
- 10:00-10:30**    Coffee break
- 10:30-12:30**    **Workshop on specimen**
- 12:30-13:15**    Lunch
- 13:15-14:30**    **ACHILLES DISORDERS**  
**Achilles tendon repair**  
Principles  
Techniques  
    FHL transfer  
    Peroneus brevis transfer  
    Percutaneous bridging repair  
Arthroscopic and open approach  
**Achilles tendinoscopy**  
**Endoscopic gastrocnemius recession**
- 14:30-15:00**    Coffee break
- 15:00-16:15**    **Workshop on specimen**
- 16:15-17:00**    **Conclusion**

# Percut. Forefoot Surgery & Ankle MIS - March 6<sup>th</sup> 2015

- 08:15-08:30** Welcome in ARHTREX ArthroLab
- 08:30-09:30** **THEORETICAL SESSION - DISCOVERY OF PERCUTANEOUS TECHNIQUES IN FOREFOOT**  
Basic instrumentation (10min)  
Anatomical basis (10min)  
Akin osteotomy (10min)  
Lateral release (10min)  
Distal metatarsal mini invasive osteotomy (DMMO) (10min)  
Hammer toe correction (10min)
- 09:30-10:00** Coffee break
- 10:00-12:00** Workshop on specimen
- 12:00-12:45** Lunch
- 12:45-13:45** **FLAT FOOT RECONSTRUCTION**
- 13:45-14:15** Coffee break
- 14:15-16:15** Workshop on specimen
- 16:15-17:00** Conclusion

# INFORMATION

## COURSE VENUE

### **ARTHREX ARTHROLAB**

Erwin-Hielscher str. 9  
D-81249 Munich-Freiham

## ACCESS

From Munich Airport: From "München Flughafen Terminal"  
Take the Commuter train towards Herrsching  
S S8 or S S1 (50 minutes travelling)  
5 minutes walking from the station to the Arthrex Center

Taxis: IsarFunk  
Tel +49 89 450540  
  
Taxi-München  
Tel +49 89 19410

## SURROUNDING HOTELS



**MOTEL ONE**  
Herzog-Wilhelm-Straße 28  
D-80331 München  
Tel +49 89 51777250  
<http://www.motel-one.com>



**ANNA HOTEL**  
Schützenstraße 1  
80335 München, Deutschland  
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**CITY APARTHOTEL MÜNCHEN**  
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## **GRECMIP MEMBERSHIP**

*For your information, you may please note that you'll become a GRECMIP member once you achieve this course.*

*Up to next year you'll be free to renew your membership by setting the membership annual fee (amount 90€).*

**ARTHREX Contact - [www.arthrex.com](http://www.arthrex.com)**