

International Foot and Ankle Mega Course Arthroscopy, Fore-, Mid- and Hindfoot Surgery

ArthroLab | Erwin-Hielscher-Str. 9 | 81249 Munich

Faculty	Christian Kinast, MD André Morawe, MD Hazibullah Waizy, MD Luke Ciccinelli, DPM Yves Tournes, MD Sebastian Manegold, MD
Date	April 08 - 09, 2016
Location	ArthroLab Erwin-Hielscher-Str. 9 81249 Munich

Program | Friday, April 08, 2016

08:30 - 09:00	Registration, Welcome, Coffee and Exhibition	Doctor's Lounge
09:00 - 09:10	Didactic Session 1 – Anterior Arthroscopy and Ankle Instability	C. Renner
09:10 - 09:20	<ul style="list-style-type: none"> • Introduction and Company Presentation • Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect) 	H. Waizy
09:20 - 09:30	<ul style="list-style-type: none"> • Arthroscopic Lateral Ankle Repair (ArthroBrostrom®) 	C. Renner
09:30 - 09:40	<ul style="list-style-type: none"> • Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis) 	H. Waizy
09:40 - 09:50	<ul style="list-style-type: none"> • Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion) 	H. Waizy
09:50 - 10:00	<ul style="list-style-type: none"> • Discussion 	
10:00 - 10:30	Coffee Break	Doctor's Lounge
10:30 - 12:30	WetLab <ul style="list-style-type: none"> • Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, Arthroscopic BroStrom, Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Talocrural and Subtalar Fusion 	
12:30 - 13:00	Lunch Break	Arthrex Cafeteria

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12:30 - 13:00	Lunch Break	Arthrex Cafeteria
	Didactic Session 2 – Flatfoot Reconstruction Solutions	
13:00 - 13:10	• Pathophysiology of the Flatfoot	Y. Tournes
13:10 - 13:20	• The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults	A. Morawe
13:20 - 13:30	• Calcaneal Osteotomy	Y. Tournes
13:30 - 13:40	• Lateral Column Lengthening	S. Manegold
13:40 - 13:50	• Flexor Digitorum Longus (FDL) Transfer and Spring Ligament Repair	C. Kinast
13:50 - 14:00	• Subtalar Fusions, Triple Arthrodesis, Ankle Arthrodesis	A. Morawe
14:00 - 14:10	• Surgical Outcomes System™ (SOS)	M. Lyons
14:10 - 14:20	• Discussion	
14:20 - 14:40	Coffee Break	Doctor's Lounge
14:40 - 17:00	WetLab	
	• Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneo-cuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis	
19:00	Dinner	

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08:30 - 09:00	Coffee and Exhibition	Doctor's Lounge
	Didactic Session 3 – Treatment for Forefoot Pathologies	
09:00 - 09:10	• Basic Minimal Invasive Forefoot Surgery	C. Kinast
09:10 - 09:20	• Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green)	A. Morawe
09:20 - 09:30	• Dorsomedial and Plantar Lapidus Procedure for Halux Valgus Repair	A. Morawe
09:30 - 09:40	• Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty	H. Waizy
09:40 - 09:50	• Treatment Options for Metatarsalgia, Hammertoes, Metatarso-Phalangeal Joint (MPJ) Dislocations	L. Ciccinielli
09:50 - 10:00	• Hallux Varus Repair	L. Ciccinielli
10:00 - 10:10	• Lateral Ankle Instability: Modified Brostrom Repair and <i>InternalBrace</i> ™	S. Manegold
10:10 - 10:20	• Lateral Ankle Reconstruction	Y. Tournes
10:20 - 10:25	• Discussion	
10:25 - 10:35	Coffee Break	Doctor's Lounge
10:35 - 12:35	WetLab	
	• Phalanx Prosthesis, Chevron Osteotomy, Scarf / Akin Osteotomy, Metatarso-Phalangeal Fusion, Hammertoe, Plantar Plate Repair, Hallux Varus with Mini TightRope®, Lapidus with 1.1 mm TightRope®, Low Profile Opening Wedge	
12:35 - 13:05	Lunch Break	Arthrex Cafeteria

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12:35 - 13:05	Lunch Break	Arthrex Cafeteria
13:05 - 13:15	Didactic Session 4 – Ankle Sports and Trauma Pathologies	S. Manegold
13:15 - 13:25	• Syndesmosis Injuries	A. Morawe
13:25 - 13:35	• Achilles Insertional Tendinopathy	L. Ciccinielli
13:35 - 13:45	• Achilles Tendon Percutaneous Midsubstance Repair	S. Manegold
13:45 - 13:55	• Arthrex Foot Trauma Systems: 5 th Metatarsal Fractures, Calcaneal Fractures, Ankle Fracture	
13:45 - 13:55	• Endoscopic Plantar Fascia Release and Gastroc Lengthening	L. Ciccinielli
13:55 - 14:30	Coffee Break	Doctor's Lounge
14:30 - 16:30	WetLab	
	• Modified Brostrom-Gould with <i>InternalBrace</i> [™] , Lateral and Medial Ankle Reconstruction, Ankle Fracture Set, Syndesmosis TightRope [®] , 5 th Metatarsal Fracture, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia Release, Endoscopic Gastroc Release	
16:30	End of course	